



# All Pets Veterinary Hospital

Telephone **08 8948 0056** (All Hours)

PO Box 40794 Casuarina NT 0811  
Email: [info@allpetsvet.com.au](mailto:info@allpetsvet.com.au)

52 Trower Rd, Rapid Creek  
(next to Rapid Creek Shops)

## What is my pet's Quality of Life?

It is not always easy to judge how your pet is going, especially when they are a part of the family and when you see them everyday. Subtle changes may go unnoticed and our furry friends can be very good at 'coping' with illness, pain and distress without showing any obvious signs.

Please fill out the form below to help you and your family decide how your pet is travelling, both physically and mentally. If you want, each family member can fill out their own handout and you can compare. Do not hesitate to ask us questions, as this is an important part of deciding whether your answers truly reflect your pet's state of health and happiness

<b>Part 1: Pet's Quality of Life</b>	<b>Score: 0= no change; 1= some changes noted; 2 = very different to normal</b>
Desire to be around the family	
Interactions with family or other pets (aggression, irritability, playing etc)	
Appetite	
Drinking	
Urination	
Bowel movements	
Ability to move around	
Normal play activities	
Dislikes (e.g. sounds, storms, strangers)	
Stress or anxiety levels	
Confusion	
Nighttime activity/ sleeping routine	
Breathing or panting patterns	
Outward signs of pain (discuss with vet )	
Pacing around the house	
Weight or body condition and muscling	
Total:	
<b>Part 2 : family concerns</b>	<b>0 = no concerns; 1= some concerns; 2= very worried</b>
Your pet's suffering	
Your ability to nurse your pet	
Your desire to nurse your pet	
Your pet dying alone	
Not knowing the right time to euthanase	
Coping with loss	
Concern for other animals in our house hold	
Concern for other family members	
Total:	



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## Quality of life: Interpretation (for the vet)

### Part 1: Pet's Quality of Life

- 0-8 QOL is most likely okay/adequate. No medical intervention required yet but vet's guidance may be needed on signs/symptoms to watch for
- 9-16: QOL is questionable and medical intervention is suggested. Pet would benefit from veterinary check /tests/meds etc
- 17-36: QOL is a definite concern. Changes will likely become more progressive and severe. Pet and family would benefit from counselling re: end stages/euthanasia as well as any palliation options to make a more informed decision can be made.

### Part 2: Family's concerns

- 0-4: family has minimal concerns (this does not mean the pet has good QOL!)
- 5-9: family concerns are mounting.
- 10-16: Family has significant concerns

### Other questions to ask:

- Have you ever lost a pet before? If so , what are your experiences?
- What do you *hope* the life expectancy of your pet will be? What do you *think* it will be?
- What is the ideal situation you wish for, for your pet's end of life experience (at home, pass away in her sleep, etc)?