

# Senior Health Checklist: Dog

Dogs enter their senior years at approximately 8 years of age (or 6 years of age for large breed dogs (over 25kg)) and health problems become more common. In general, the earlier a problem is detected, the better the chances of us managing the problem successfully. Please fill out this questionnaire to help us provide your dog with the best possible care.

Please complete the following checklist for your dog's appointment.

Dog's name:

Date:

Age:

Breed:

(✓) Please check all that apply to your dog:

## BEHAVIOURAL/NEUROLOGICAL

- Is not himself/herself
- Interacts less with the family
- Seems confused or disoriented
- Barking or howling for no reason
- Changed sleeping patterns
- Tremors or episodes of shaking

## BODY FUNCTIONS

- Bad breath or red swollen gums
- Difficulty chewing
- Eating habits have changed
- Gained/lost weight (circle one)
- Drinking more water than usual
- Urinating more frequently than usual
- Loss of house-training
- Urinary incontinence
- Vomiting, diarrhoea, constipation, straining (circle all that apply)
- Trouble with vision and/or hearing

### **ACTIVITY/ORTHOPAEDICS**

- Change in activity level
- Rises from rest with difficulty
- Hesitates to climb up and down stairs
- Tires easily and lags behind on walks
- Suffers stiffness, especially after resting
- Reluctant to play or run around
- Shows pain when I touch certain body parts
- Shows signs of lameness or limping
- Signs of pain

### **SKIN AND COAT**

- Scratches, licks, or chews excessively
- Changes in coat or skin
- New lumps or bumps
- Skin or ears have an odour

### **HEART/LUNGS**

- Coughing
- Panting more often
- Tires more rapidly or seems short of breath

### **Current dietary information**

What foods and treats do you currently feed your dog?

How often and how much?

Do you have any specific questions or concerns about your dog?

Veterinarian recommendation

Recommended diet: \_\_\_\_\_

Feeding amount:

Dry: \_\_\_\_\_ gm per day/ \_\_\_\_\_ cups per day

Canned: \_\_\_\_\_ cans per day

To be divided into \_\_\_\_\_ meals per day

Veterinarian comments:

Next appointment: