

Senior Health Checklist: Cat

Cats enter their senior years at approximately 8 years of age and health problems become more common. In general, the earlier a problem is detected, the better the chances of us managing the problem successfully. Please fill out this questionnaire to help us provide your cat with the best possible care.

Cat's name:

Date:

Age:

Breed:

(✓) Please check all that apply to your cat:

BEHAVIOURAL/NEUROLOGICAL

- Is not himself/herself
- Is not seeking as much attention and interacts less with the family
- Sleeping patterns have changed
- Objects to being handled and/or has become aggressive
- House-training habits have changed, sometimes has accidents
- Hearing loss and/or poor vision

BODY FUNCTIONS

- Bad breath, red swollen gums, dribbles (circle all that apply)
- Difficulty chewing
- Eating habits have changed
- Gained/lost weight (circle one)
- Drinking more water than usual
- Urinating more frequently and/or straining to urinate
- Vomiting, diarrhoea, constipation, straining (circle all that apply)

ACTIVITY/ORTHOPAEDICS

- Change in behaviour or activity level
- No longer wants to play
- Seems stiff or painful
- Difficulty negotiating the litter tray or more accidents outside the litter tray

- Resents being picked up
- Sleeps more and/or is less active
- Less willing to jump up or down
- Will only jump up/down from lower heights
- Shows signs of lameness or limping
- Has difficulty getting in or out of the cat flap
- Has difficulty going up or down stairs

SKIN AND COAT

- Does not groom him/herself as well
- Changes in coat or skin
- Skin is flaky and/or coat is scruffy
- New lumps or bumps

HEART/LUNGS

- Coughing
- Breathing is more rapid and shallow
- Tires rapidly or seems short of breath

Current dietary information

What foods and treats do you currently feed your cat?

How often and how much?

Do you have any specific questions or concerns about your cat?

Veterinarian recommendation

Recommended diet: _____

Feeding amount:

Dry: _____ gm per day/ _____ cups per day

Canned: _____ cans per day

To be divided into _____ meals per day

Veterinarian comments:

Next appointment: